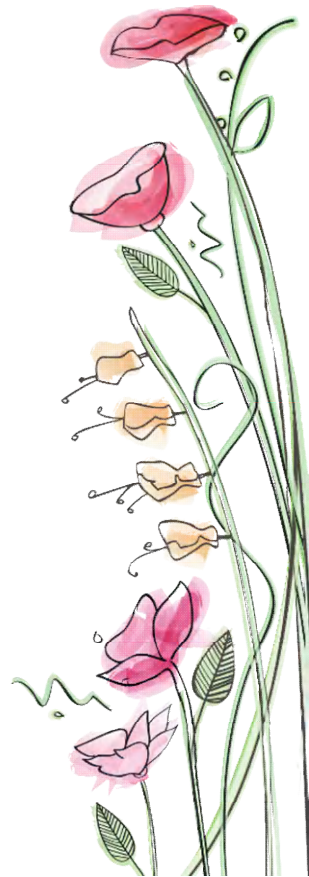


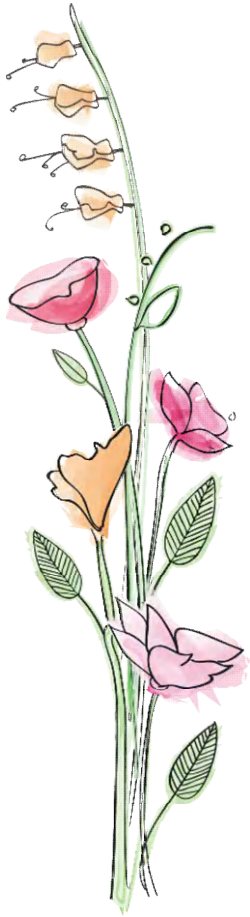
Affirmations for Couples

By:

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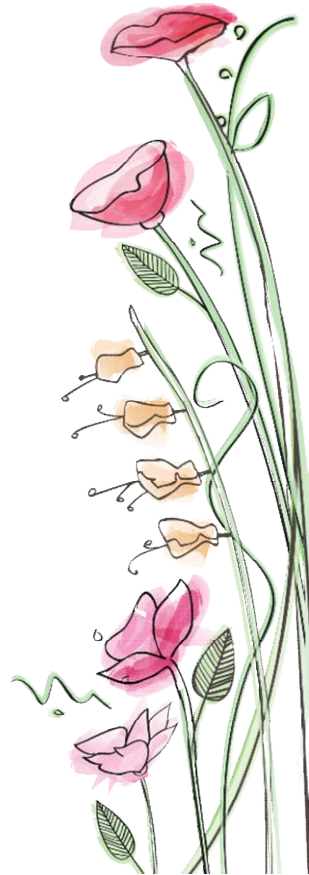
Introduction

Being part of a couple can be a wonderful experience. Such a relationship offers companionship, a confidant, and the opportunity to enjoy our life's journey with some one whom we can be our authentic selves. Therefore, when we have an intimate bond with someone, we want to maintain it. We want to affirm its strength, purpose, and longevity. This eBook of affirmations was created for that reason.

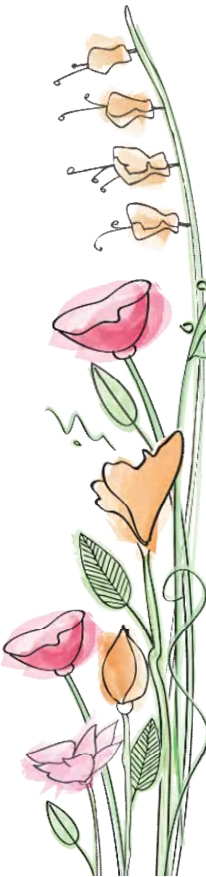
I have been with my husband for over 24 years, and in a relationship with him for over 30 years. We have been through ups and downs, good and bad times, and traveled this life with a clear mindset—to be committed to each other. I hope these affirmations keep you encouraged and reminded of your devotion to each other. I hope you find meaning and encouragement as I have with my spouse.



Being married means I no longer think only of myself. However, it does not mean I forget myself either. I am not supposed think only of my spouse. My thoughts and actions are always on what is in the best interest of us or we.



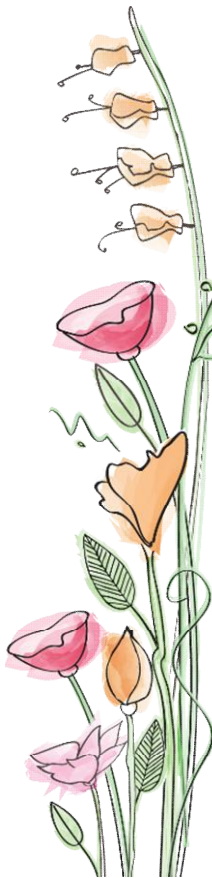
When I spend time
with the one I love,
I show how much I
enjoy being with
him.



Love is unconditional, non-judging and limitless

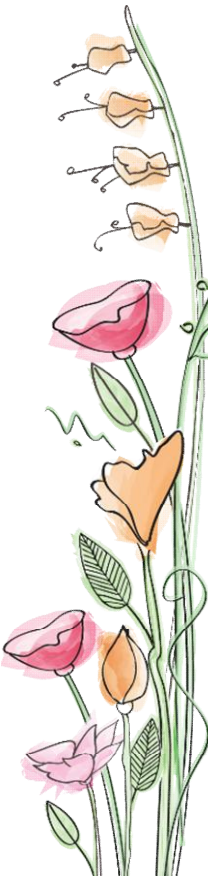


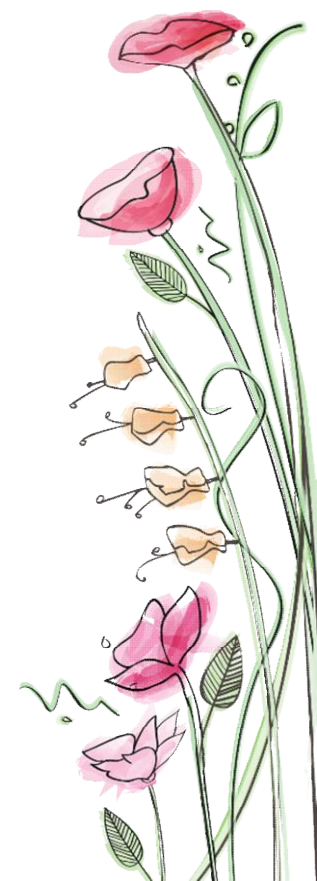
Couples who are best friends are open and honest with each other, respect each other, and cherish each other - as is.





If you believe
in me and I
believe in you,
we will always
have the
reason to
believe in us.





Nothing is stronger than us

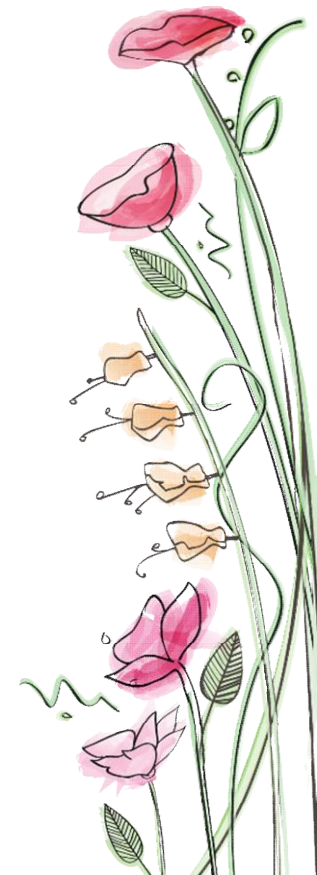
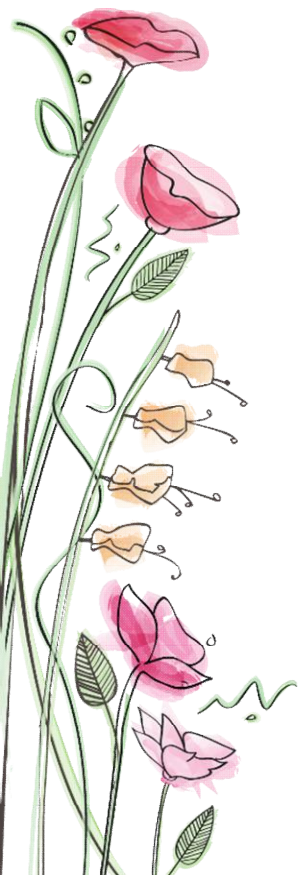


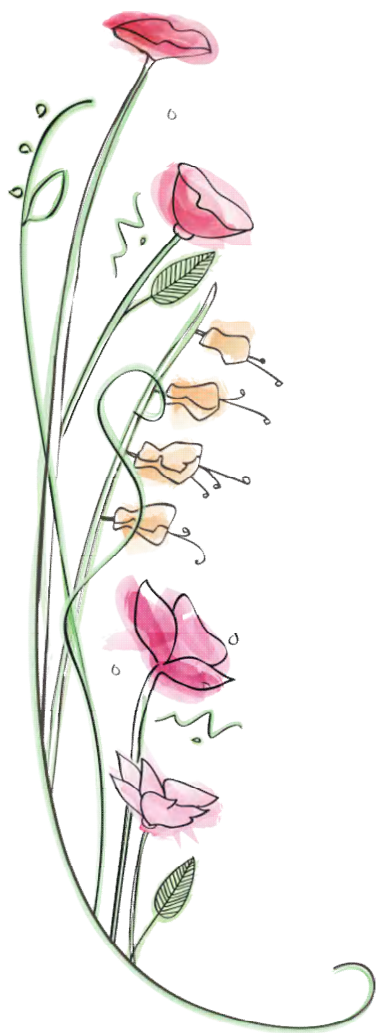
Love is love. There is no right kind of love. If its shared or mutual, respected, and cherished, its good.





You are who I want to be with, always





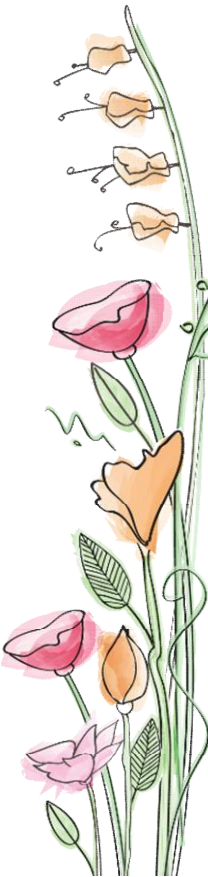
You are safe in my arms. I will protect you with my life.



Where ever you go, I go. I will follow you. We are one
and you have my heart.



Our love grows
stronger, gets
deeper, and
improves every
moment and over
time.



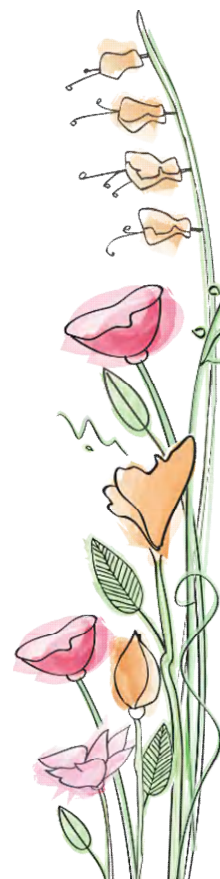


You can trust me with your heart. I will keep you safe and love you as I love myself.





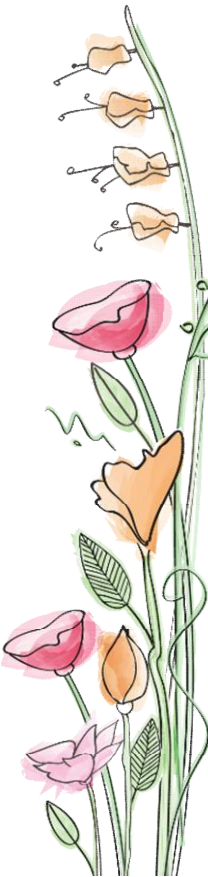
I am not afraid
to love you
completely. You
do not have to
change anything
about yourself.
You are
everything I
want you to be.



When you laugh, I breath easy and freely.
When you smile, I can smile.



Being intimate with you is more than having sex. It is the quality of our emotional bond. The ability to be fearlessly vulnerable with you. Intimacy is the ability to be completely naked with you and unashamed.



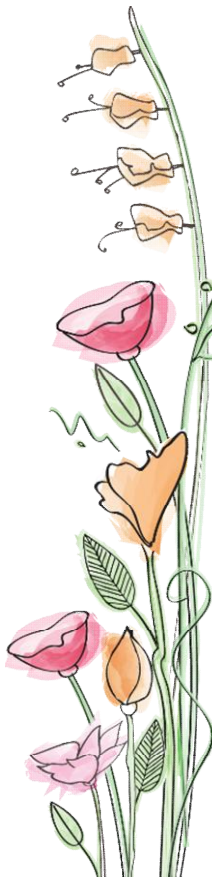


I may not be able to fix all of your problems, but I will certainly stand with you so you don't face them alone.





Be with someone who
can take your breath
away, not suck the
breath out of you;
willing to take risks for
you, not risk your
happiness; and wants
to make you smile, and
not see you cry.





We are two people with one heartbeat

